



# 2025

# Impact

# Report

**SHOPPERS  
FOUNDATION**  
**FOR WOMEN'S HEALTH**



Shoppers Foundation for Women's Health™  
Charitable Registration Number: 860661149 RR0001



## CONTENTS

<b>03</b>	Message from the Chair
<b>04</b>	Our Mission
<b>05</b>	Our Impact
<b>08</b>	Bringing Women's Health to the Forefront
<b>11</b>	Community Impact: Where It Matters Most
<b>21</b>	Mobilizing for Good: The Power of Our Network
<b>29</b>	Maximizing Our Impact Through Core Priorities
<b>36</b>	Who We Are
<b>37</b>	Who We Help





# We believe in the power of collaboration to transform women's health.



At Shoppers Foundation for Women's Health™, we believe in the power of collaboration to transform women's health. We are proud to work closely with a network of partners to address the health disparities faced by women in Canada. From fueling critical women's health research, improving access to mental health care and support, and addressing the urgent health needs of women impacted by poverty and gender-based violence, Shoppers Foundation is making a difference.

Throughout 2025 our efforts focused on bringing women's health to the forefront, supporting local communities through campaigns like Run for Women and Giving Shelter, and maximizing impact through core priority areas including menstrual equity, women's health research and menopause education and awareness. All of this work aims to make women's health visible, creating a healthier future for women and our communities.

We extend our deepest gratitude to our incredible network of supporters who help to propel our mission forward. Your steady commitment creates positive change for women's health in communities nationwide.

*David Markwell*

Chair, Board of Directors



# Marking a Milestone

Shoppers Foundation for Women's Health™ is committed to addressing the health disparities faced by women in Canada. We are proud to work nationally and locally to bring women's health to the forefront and contribute to meaningful initiatives that are making a positive impact on women's health.

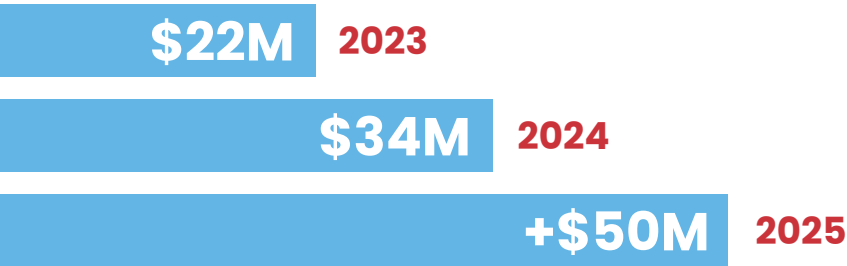
This year we marked a pivotal moment in our journey.

In 2022, we set an ambitious goal: to contribute \$50 million by 2026 towards women's health initiatives that are making care more equitable and accessible. We are very proud to announce that we have surpassed this milestone ahead of schedule.

An achievement like this is made possible by the unwavering commitment of our generous supporters. A sincere thank you is extended to our founding partner, Shoppers Drug Mart®, its dedicated network of stores, Associate-Owners and their teams, corporate colleagues, vendors, donors, and millions of customers.

Shoppers Foundation is proud of this \$50 million milestone and remains steadfast in our commitment to build a future in which more women in Canada can lead healthier lives.

## Progress to achieving \$50M



## Supporting All Women

**As part of our commitment, Shoppers Foundation for Women's Health™ recognizes that the term "women's health" is understood in a variety of ways. Our work goes beyond the sex and gender binary, welcoming the experiences of all women and gender-diverse people.**





**Shoppers  
Foundation for  
Women's Health™  
is taking action to  
reduce the health  
inequities faced  
by women in  
Canada.**



**\$17.5M+**

donated.

**360+**

partner organizations  
supported.

**500K+**

women reached.



## Our Key Achievements Include:

### New research

that highlights the most pressing disparities faced by women across Canada.

### Improved access

to mental health care and support via the Shoppers Drug Mart® Run for Women in 18 communities across Canada.

### A \$10M donation

the largest single donation in Shoppers Foundation history, to establish the Healing and Empowerment Fund in support of Missing and Murdered Indigenous Women, Girls, and Two-Spirit people (MMIWG2S+).

### A record \$5.5M

raised through Beauty Mingle events across Canada.

### Launch of Pad It Forward

a national program to advance menstrual equity through local in-store donation drives.

### Renewed commitment

to advancing health research for women, through a \$1 million commitment to support research on, and improved care for menopause, a long-overlooked area of women's health.

### Support for 27

local charitable programs, awareness initiatives, and improved access to care through Community Grants.



## OUR IMPACT

Released 2024 Impact Report



Launched the 2025 Community Grants Program

Shoppers Drug Mart® Run for Women events in 18 communities across Canada



Shoppers Drug Mart® Charity Golf Classic

Announced \$1M donation to Women's Health Collective Canada

Announced 2025 Community Grant recipients

WHCC Vital Talks Event 'Elevating the Standard of Menopause Care'



Holiday fundraising campaign to benefit Women's Health Collective Canada

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Released results of national research survey revealing most pressing health disparities faced by women in Canada

Spring Beauty Mingle



Launched new Pad It Forward program

Giving Shelter national fundraising and awareness campaign

Announced Women's Shelters Canada partnership renewal

Fall Beauty Mingle



Look Good Feel Better Mirror Ball event

Holiday Beauty Mingle

Announced \$10M donation to Manitoba's MMIWG2S+ Healing & Empowerment Fund







**Bringing**

**Women's Health**

**to the Forefront**



**This year, the Foundation commissioned a national survey on women's health from Angus Reid Institute<sup>1</sup>, an independent non-profit public opinion research organization, the results of which highlighted the most pressing disparities faced by women across Canada.**

**The survey's key findings highlighted:**

## **Sizeable gaps**

in education and awareness for common menstrual health conditions.

## **Most women downplay**

their own health conditions leading to delayed diagnoses.

## **A lack of education**

and awareness around perimenopause and menopause leaves many women feeling unprepared, uncertain, and unsupported around these pivotal life stages.

---

<sup>1</sup>These are the findings of a study conducted by Veritas Communications from Mar 14, 2025, to Apr 10, 2025, among a representative sample of 1,799 Canadian women between the age of 23–50, who are members of the Angus Reid Forum. The survey was conducted in English and French. For comparison purposes only, a probability sample of this size would carry a margin of error of +/- 2.3 percentage points, 19 times out of 20.





BRINGING WOMEN'S HEALTH TO THE FOREFRONT



“Making women’s health a greater priority means recognizing menstrual health, an often-overlooked part of the conversation, as absolutely critical to women’s well-being. Our survey findings reflect more than numbers—they reveal real experiences of pain, delay and dismissal that women in Canada face every day.”

**Paulette Minard**

Director, Community Investment,  
Shoppers Foundation for Women’s Health™

**This troubling reality—  
women’s lack of awareness  
and education about their  
own health—underscores  
why Shoppers Foundation  
is so deeply committed to  
bringing women’s health to  
the forefront.**

Through campaigns, partnerships, and focused funding priorities, we remain dedicated to dismantling barriers and empowering women to confidently advocate for their health.

Shoppers Foundation for Women’s Health™ proudly works alongside a network of impactful partners across Canada, to actively close gaps in care, amplify women’s voices, and ensure women have the knowledge and tools to advocate for themselves and lead healthier lives.



Four diverse young women are standing against a solid blue background. From left to right: a woman with dark hair and a gold chain necklace; a woman with blonde wavy hair and a gold chain necklace; a woman with dark hair wearing a grey turtleneck sweater; and a woman with short blonde hair wearing a white turtleneck sweater. They are all looking towards the camera with serious expressions. The text 'Community' is overlaid on a red banner across the middle of the image.

# Community

# Impact:

## Where It Matters Most



# Shoppers Foundation for Women's Health™ believes that communities thrive when women are healthy.

This fuels our commitment to supporting local initiatives, including more than 360 charitable organizations across Canada each year. Through these local community connections, the Foundation is improving access to care, increasing awareness of women's unique health needs, and making a meaningful impact on hundreds of thousands of women.

From initiatives like the Shoppers Drug Mart® Run for Women to our annual Community Grants Program, Shoppers Foundation is reshaping the women's health landscape for the better, actively addressing the health inequities millions of women in Canada face.



COMMUNITY IMPACT: WHERE IT MATTERS MOST

# Shoppers Drug Mart® Run for Women

Every spring, Canadians lace up their sneakers and come together (rain or shine!) for the Shoppers Drug Mart® Run for Women, the country's largest community 5K and 10K run/walk series dedicated to women's mental health. These fun, family-friendly events are more than just a run/walk—they bring people together to create lasting impact in their communities.

Since 2013, Run for Women has raised over \$27 million, funding local mental health charities and programs that expand access to care and support for women across Canada. Behind every step, donation, and volunteer hour is a shared commitment to making a difference. Thanks to the dedication of our participants, donors, volunteers, and sponsors, women have improved access to the mental health care and support they need to thrive.



“The Shoppers Drug Mart® Run for Women is more than a national event, it's a movement. Together, we're forging a path towards greater understanding, equity, and access to care for women experiencing mental health concerns. The run celebrates the strength of women while building a community that makes women feel safe in asking for help when they need it. And that is powerful.”

**Carrie Trembinski**

Vice-President,  
Communications & Community Engagement,  
St. Joseph's Healthcare Foundation  
Hamilton, ON



## La santé mentale. On y voit ensemble

COMMUNITY IMPACT: WHERE IT MATTERS MOST



The Shoppers Drug Mart Run for Women is helping us deliver vital mental health programs that truly change lives. Thanks to this support, women across British Columbia can access the care they need, feel seen, and build healthier, brighter futures. This funding strengthens our ability to nurture resilience, well-being, and lasting change for every woman we serve.”

**Bianca Spagnuolo**

Development Specialist,  
BC Women's Health Foundation  
Vancouver, BC

Donations to the CERVO Foundation over the past 13 years from the Pharmaprix® Run for Women have helped establish active care programs and research initiatives aimed at improving the daily lives of women and their loved ones. In 2025, the donations we received enabled us to create suitable environments that encourage women to actively engage in their recovery and to provide essential products that help strengthen their acceptance, self-esteem and openness to treatment.”

**Michèle Poitras**

Executive Director,  
CERVO Foundation  
Quebec City, QC





COMMUNITY IMPACT: WHERE IT MATTERS MOST



**SHOPPERS**  
DRUG MART

run for  
women

**\$3.5M+**

raised for local women's mental health programs, including:

**\$1M+**

raised through online fundraising.

**\$2.5M+**

raised in-store.

**8.7K+**

corporate colleagues and store teams joined the fun.

**29K+**

total participants strong.



# Community Grants

Working with charitable partners nationwide, Shoppers Foundation for Women's Health™ Community Grants Program addresses women's health equity through awareness initiatives and improved access to care. The funding delivered across Canada supports vital local charitable programs, awareness initiatives, and improved access to care for women.

In 2025, the Community Grants Program donated \$1.75 million to 27 community-led initiatives.

## Alberta

Alberta Northwest Palliative Care Society  
Stepping Stones Crisis Society  
True North Society  
United Way of Central Alberta Society

## British Columbia

Ann Davis Transition Society  
BC Society of Transition Houses  
Campbell River and North  
Island Transition Society  
North Shore Crisis Services Society  
Vancouver Women's Health Collective Society

## New Brunswick

First Steps Housing Project Inc.

## Newfoundland and Labrador

St. John's Women's Centre Inc.

## Nova Scotia

Cape Breton Regional Hospital Foundation  
Strongest Families Institute/L'institut des  
Familles Solides

## Ontario

Christie Refugee Welcome Centre Inc.  
David McAntony Gibson Foundation  
London Health Sciences Foundation  
Malvern Family Resource Centre  
Parkdale Food Centre  
Shifra Homes Inc.  
Sistering – A Woman's Place  
Street Health Community Nursing  
Foundation  
The Black Women's Institute for Health

## Quebec

Le Reflet (Vide ta sacoche)  
L'institut de l'innovation/Innovation  
Institute  
Partageons l'espoir (Québec)  
Projets autochtones du Québec  
S.O.S. Grossesse



**Community Grant Recipient:**

**Street Health**

**Community**

**Nursing Foundation**

Street Health is a leader in improving the health and well-being of people who are homeless, under-housed, or underserved through low barrier and equitable care, advocacy, and education.

Shoppers Foundation for Women's Health™ is proud to support the Pathway to Health and Wellness Women's Drop-In. This program offers accessible, judgement and stigma-free service to address the health disparities and barriers to care faced by people who identify as women, who are street-involved and marginalized. Through the program, women can access basic needs like food, hygiene supplies, medical care, and therapeutic support. The program also offers critical health screenings and preventative care.

“

The grants from Shoppers Foundation for Women's Health™ supports a safe, harm reduction focused space for women in Toronto's downtown east. Pathway to Health & Wellness Women's Drop-In welcomes women who are experiencing homelessness and may be experiencing mental health and substance use challenges; as well as those who are sex workers. All who identify as women can drop into this weekly gathering where group members help determine the topics and sessions delivered each week. These sessions draw on the expertise of Street Health nurses and community mental health services. Thanks to Shoppers Foundation for Women's Health™, the Drop-In will continue to be offered for another year.”

**Cathy Callaghan**

Fundraising Manager,  
Street Health Community Nursing Foundation  
Toronto, ON



**Community Grant Recipient:**

## **BC Society of Transition Houses (BCSTH)**

BCSTH is a member-based organization that, through leadership, education, support, and collaboration, enhances the continuum of services and strategies to respond to, prevent, and end violence against women, children and youth.

Shoppers Foundation for Women's Health™ is proud to support the Menstrual Equity Project, an initiative that aims to address period poverty and promote menstrual equity by providing free access to a variety of menstrual products and educational resources for women and girls accessing anti-violence programs across British Columbia, Yukon, and the Northwest Territories.

The initiative serves women, children and youth who have experienced or are at risk of violence and are supported by BCSTH's member programs.

“We are proud to partner with Shoppers Foundation for Women's Health™ to address critical gaps in women's healthcare. Violence impacts not only women's safety and health but also creates significant financial barriers to equality and well-being. With this grant, we were able to provide menstrual products to nearly 5,000 women, many in rural, remote, and Indigenous communities. This initiative has helped ease some of the burdens faced by women and girls living with violence, and we are deeply appreciative of the continued support from Shoppers Foundation for Women's Health™.”

**Amy S. FitzGerald**

Executive Director,  
BC Society of Transition Houses  
Vancouver, BC



**Community Grant Recipient:**

**Le Reflet  
(anciennement  
Vide ta sacoche)**

Le Reflet collects and distributes new, high-quality hygiene and cosmetic products, and offers socio-aesthetic care (facials, manicures, pedicures, makeup, massages, and more) to vulnerable individuals, mainly women. They also carry out awareness-raising activities to break taboos and change perceptions surrounding the needs of women in vulnerable situations, to promote their well-being and empower them.

Shoppers Foundation for Women's Health™ is proud to support the Well-being, Self-Esteem, and Dignity for Women in Vulnerable Situations Initiative, an inclusive and supportive program that addresses essential needs that are still too often neglected, yet are fundamental to physical, mental, and emotional health.



“This generous support makes an enormous difference for Le Reflet and our initiatives dedicated to the health and well-being of women. In our community, nearly 40% of women experience hygiene insecurity, and thanks to this grant, we will be able to provide thousands of women in vulnerable situations with essential hygiene, cosmetic, and menstrual products, helping them care for themselves with dignity and fostering their self-esteem, confidence, empowerment, and overall well-being.

Le Reflet will also be able to offer socio-aesthetic care to women experiencing hardship, creating moments of comfort and reconnection that support their sense of worth and help them regain power over their lives. We are deeply grateful for the Foundation's support, which is truly transformative for our actions and projects, enabling us to reach more women and create a deeper, lasting impact.”

**Marie-Anik Shoiry**

Founder and Executive Director,  
Le Reflet  
Quebec City, QC



**Community Grant Recipient:**

# Healing in Indigenous Communities

This year, Shoppers Foundation for Women's Health™ made a \$10 million donation to the Manitoba Government's new Missing and Murdered Indigenous Women, Girls and Two-Spirit Peoples (MMIWG2S+) Healing and Empowerment Fund, an endowment held by the Winnipeg Foundation.

Delivered over five years, this commitment will support activities that extend tangible, culturally responsive, and trauma-informed support to children, families and communities of missing and murdered Indigenous women, girls, Two-Spirit, and gender diverse individuals.

Shoppers Foundation takes pride in advancing a more sustained approach to healing and empowerment for Indigenous women, girls, and Two-Spirit peoples.



“Every one of us has a role to play in building a better future for Indigenous women, girls, and Two-Spirit peoples. This significant commitment extended by Shoppers Foundation for Women's Health™ is an example of how corporations and their charitable efforts can contribute to ending violence, racism and discrimination against Indigenous women, girls, Two-Spirit, and gender diverse people and action reconciliation with real, tangible support.”

**Nahanni Fontaine**

Minister responsible for  
Women and Gender Equity,  
Manitoba Government



A woman with dark, curly hair is smiling broadly and reaching out with her right hand to shake hands with another person whose arm is visible on the left. She is wearing a white t-shirt under a dark purple blazer. The background is a blurred indoor setting with a window.

# Mobilizing for Good:

**The Power of Our Network**



# Shoppers Foundation for Women's Health™ values the incredible support provided by the entire Shoppers Drug Mart® network.

From valued Associate-Owners and store teams to customers, colleagues, vendors, and donors, everyone plays an indispensable role in enabling the Foundation to make an impact on women's health. From the tireless efforts of fundraisers and advocates to the generosity of donors, Shoppers Foundation is incredibly grateful for this continued support.

Our impactful work relies on this powerful network, and collaboration is fundamental to our success. Through initiatives like Beauty Mingles, Giving Shelter, and the Shoppers Drug Mart® Charity Golf Classic, these contributors consistently mobilize for good, making a tangible difference to the health of women across Canada.





# Beauty Mingles

Hosted by most Shoppers Drug Mart® and Pharmaprix<sup>MD</sup> stores in the spring, fall, and before the winter holiday season, each Beauty Mingle event exemplifies the incredible power of community. These engaging in-store beauty events offer everything from skin consultations to makeovers and are vital fundraisers for local women's health programs.

**Thanks to the dedication of store teams and the generous support of local communities, Beauty Mingles raised over \$5.5 million in 2025, providing the funds needed to create a tangible and positive difference in the lives of women across Canada.**





## Beauty Mingles

“Psychosocial supportive care plays a vital role in promoting health and healing for those facing cancer. Thanks to the generosity of the Holiday Beauty Mingle, Look Good Feel Better can continue offering complimentary programs to women across Canada who are navigating the challenges of cancer treatment. The funds raised not only help sustain our core programming at over 80 locations nationwide but also enable us to expand our online and digital services, ensuring more timely and accessible support. Beyond funding, the Beauty Mingle also helps raise awareness of our free programs and resources—empowering even more women to feel like themselves again during and after cancer treatment.”

**Sue Larkin**  
President and CEO,  
Look Good Feel Better



# Giving Shelter

Every woman deserves to feel safe and supported, yet far too many in Canada face the harsh reality of intimate partner violence—affecting more than two in five women in their lifetime<sup>2</sup>. The consequences extend beyond immediate safety, directly impacting women's health and the well-being of their families.

Shoppers Foundation for Women's Health™ is committed to changing that. Each fall, our Giving Shelter campaign unites every Shoppers Drug Mart® and Pharmaprix<sup>MD</sup> store across the country in raising funds and awareness for local women's shelters and programs. Through this effort, over 300 organizations receive critical support, with 100% of donations raised in-store staying in the community where they are needed most.

**Together, customers, store teams, and partners are helping women find safety, care, and hope—right where they live.**

<sup>2</sup>Source: Intimate Partner Violence, Government of Canada, 2025





## Giving Shelter

Each year, The Denise House supports 350 women and children in shelter and over 600 through outreach services. Demand is growing. We currently serve 32% more women and children annually than we receive funding for. Funding from Giving Shelter helps us provide food, clothing, essentials, and the critical support that women and children need to rebuild their lives after abuse.”

**Dena Sicard**

Fund Development Volunteer Manager,  
The Denise House  
Oshawa, ON

Giving Shelter funding is instrumental in our ability to support women and families both during their emergency stay and as they transition to new lives free of violence. While our core funding from the provincial government ensures our doors can remain open and available to those in need, all of our programming and client service support at Hestia House is made possible through donations, fundraising and corporate-sponsored programs such as Giving Shelter. We are very thankful to the contributions of the Shoppers Drug Mart stores in the greater Saint John region.”

**Jana Comeau**

Executive Director,  
Hestia House  
Saint John, NB





## Giving Shelter

“For several years now, Pharmaprix® in Victoriaville has supported us in both generous and creative ways. Their support helps maintain our accommodation and specialized services for women and children who are victims of domestic violence — essential services that have been operating at 156% capacity again this year. For a second year in a row, they are also supporting us in setting up our second stage housing, which will support women and children after separation. The needs continue to be considerable, both in meeting current demand and in preparing for the future. Being able to count on a partner as committed as Moncef’s team gives us the momentum we need to pursue our mission and offer security, support and hope.”

**Julie Croteau**

General Manager of La Volte-Face Shelter  
Victoriaville, QC



# Shoppers Drug Mart® Charity Golf Classic

More than 220 vendor partners took part in the 37th Shoppers Drug Mart® Charity Golf Classic, helping raise more than \$1.7 million in support of Shoppers Foundation for Women's Health™.

Beyond the golf, this inspiring day of fun and fundraising featured opportunities for participants to learn more about the impactful work of Shoppers Foundation partners like The Black Women's Institute for Health, Look Good Feel Better, Markham Stouffville Hospital Foundation, Moon Time Connections, Women's Health Collective Canada, and Yellow Brick House.

**Shoppers Foundation for Women's Health™ extends a huge thank you to everyone involved in making this a successful day. Your support is truly appreciated.**



A smiling woman with dark hair tied back, wearing a white button-down shirt, sits at a desk. Her hands are clasped together near her chin. She is looking out a large window to her left, which is bright and slightly out of focus. On the desk in front of her is a white mug and some papers. The background shows a modern office interior with a plant and a desk lamp.

# Maximizing Our Impact Through Core Priorities



**In 2025, Shoppers Foundation for Women's Health™ shifted its resources to prioritize core areas of impact including menstrual equity, women's health research, and menopause education and awareness.**

This focused approach aims to maximize impact while addressing areas where women face health disparities.



# Advancing Menstrual Equity

Period inequity both silences and sidelines. Research done by Plan International Canada tells us that a staggering three in four women aged 18-24 feel compelled to conceal their periods in school and workplace environments. Shoppers Foundation for Women's Health™ recognizes the pressing need for menstrual resources in Canada.

Through key partnerships with organizations like Moon Time Connections and new programs like Pad It Forward, we are increasing access to vital menstrual products and providing stigma-shattering education, fostering a more equitable future for people who menstruate throughout Canada.

## PROGRAM SPOTLIGHT: Pad It Forward

Launched in summer 2025, Pad It Forward is a national program designed to harness the reach of Shoppers Drug Mart® and Pharmaprix<sup>MD</sup> stores to support local community organizations via product donation drives. This year, stores across the network hosted donation drives, collecting tampons, pads, menstrual cups, and period underwear in support of local organizations like women's shelters and community food banks.

**Shoppers Foundation for Women's Health™ is grateful for the tremendous support of Shoppers Drug Mart® and Pharmaprix<sup>MD</sup> stores and customers for contributing to this program and helping support efforts to improve access to menstrual products for women across Canada.**





## Advancing Menstrual Equity

“NeighbourLink Parkland, a local charity funneling resources to needful individuals in our community, was the beneficiary of our store’s Pad It Forward initiative. We were excited and proud to have played a part in supporting access to menstrual products—items that are essential but often overlooked and unaffordable for many. We know that this program has already made a real difference to the women in our community circle to meet basic needs without the added stress. This has been a great opportunity to shine a light on the importance of menstrual equity and together we’re proving that small acts of generosity can create meaningful change.”

**Sheril Daniel**

Bsc. MSc. Pharm,  
PhD Biochemistry | Pharmacist | Associate-Owner  
Stony Plain, AB



# Improving the Standard of Care for Menopause

Shoppers Foundation for Women's Health™ is proud to partner with Women's Health Collective Canada (WHCC), the largest non-government funder of women's health research in Canada.

WHCC is a strategic alliance of Canada's leading women's health and hospital foundations working together to advance equity in women's health research and care. WHCC brings together resources, fundraising, education, and advocacy, working alongside partners who share a vision to improve outcomes and drive lasting change in women's health. WHCC consists of the BC Women's Health Foundation, Alberta Women's Health Foundation, Women's College Hospital Foundation, the McGill University Health Centre Foundation, and the IWK Foundation.

This year, Shoppers Foundation deepened its partnership with WHCC by committing \$1 million towards health research, over the next two years. This

investment will support the development of an enhanced, evidence-based standard of care for menopause, by enabling each of WHCC's member Foundations to collaborate on national research protocols implemented at each of the hospitals.

Funding will support a variety of projects, including vital work at the BC Women's Health Foundation Menopause Centre, where a team is focused on developing and evaluating training for primary care practitioners. As well as work at the McGill University Health Centre where researchers are studying the impact of menopause on cardiovascular health, metabolic health, and bone health.

This latest contribution builds on three years of sustained partnership with total donations to WHCC of over \$3 million since 2022. As WHCC's founding partner, Shoppers Foundation for Women's Health™ has played a leading role in bringing attention to the gaps in women's health, helping WHCC build momentum and support.





## Improving the Standard of Care for Menopause

“This is more than generosity, it’s leadership. Shoppers Foundation has believed in our work from the beginning, and they’ve helped shape a movement. With this renewed commitment, we’re taking meaningful steps toward a new standard of care for menopause in Canada—something long overdue. Together, we’re reaching more women, funding more research, and making the case for system-wide change.”

**Amy Flood**

Executive Director,  
Women’s Health Collective Canada





# Thank You

Shoppers Foundation for Women's Health™ is incredibly grateful for the extraordinary support of Shoppers Drug Mart®, its dedicated network of stores, Associate-Owners and their teams, corporate colleagues, vendors, donors, and millions of customers. Together we're empowering an unmatched network of community partners across Canada to improve access to care, raise awareness of women's unique health needs, and fuel critical health research and innovation.





WHO WE ARE

## Board of Directors

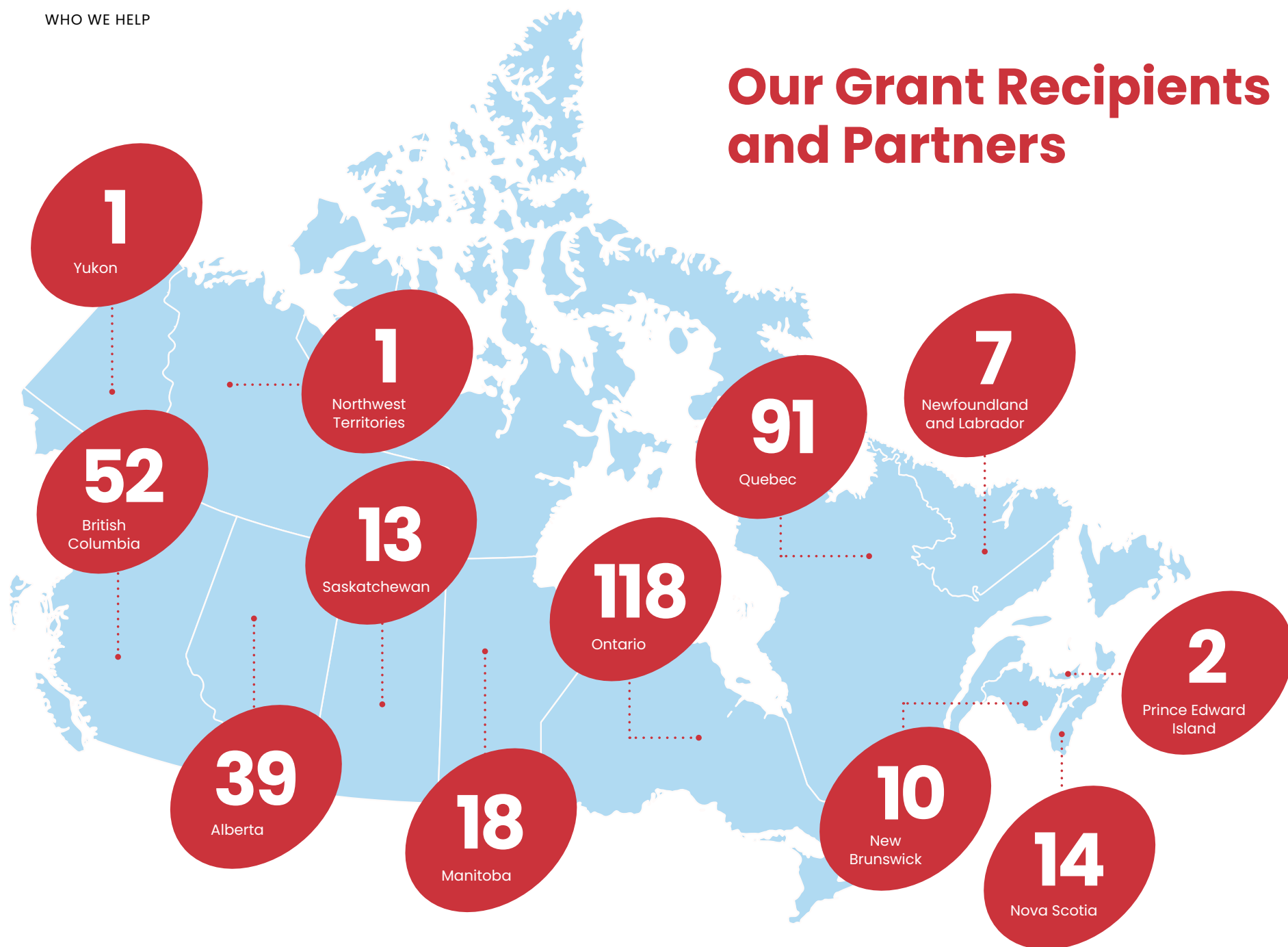
David Markwell, Chair  
Lori LeBlanc, Vice Chair  
George Hamam, Treasurer  
Ashley Davidson, Director  
Nneka Ezurike, Director  
Ruchi Kumar, Director  
Perry Martin, Director  
Derrick Pittman, Director  
Christine Singh, Director

## Shoppers Foundation Team

Gianna Leva-Germanese  
Laura Malone  
Paulette Minard



## Our Grant Recipients and Partners





## WHO WE HELP

### Alberta

Adeara Recovery Centre  
Airdrie P.O.W.E.R  
Alberta Northwest Palliative Care Society  
Aventa Treatment Foundation for Women  
Big Hill Haven Women's Shelter  
Brooks and District Women's Safe Shelter Society  
Calgary Health Foundation  
Camrose Women's Shelter  
Capella Centre Alberta  
Catholic Social Services – Lurana Shelter  
Central Alberta Women's Emergency Shelter  
Discovery House Family Violence Prevention Society  
Ermineskin Women's Shelter Society  
FearsNotLove  
Fort Saskatchewan Families First Society  
Grande Prairie Women's Residence Association  
Hope Resource Centre Association  
Jessica Martel Memorial Foundation  
Medicine Hat Women's Shelter Society  
Mountain Rose Women's Shelter Association  
North Rocky View Community Links Society  
Northern Haven Support Society  
Parkland Turning Points Society  
Peace River Regional Women's Shelter Society  
Riseup Society Alberta  
Rowan House Society  
Royal Alexandra Hospital Foundation  
Stepping Stones Crisis Society  
Strathcona Shelter Society Ltd.  
Taber Safe Haven Women's Shelter Society

True North Society  
United Way of Central Alberta Society  
Waypoints Community Services Association  
WIN House Edmonton  
Wings of Providence Society  
Yellowhead Emergency Shelter for Women Society  
YWCA Banff – Bow Valley Emergency Shelter  
YWCA Calgary  
YWCA Lethbridge & District

### British Columbia

Aimee Beaulieu Transition House  
Amata Transition House Society  
Ann Davis Transition Society  
Archway Community Services  
Archway Society for Domestic Peace  
BC Women's Health Foundation  
Campbell River & North Island Transition Society  
Canadian Mental Health Association for the Kootenays  
Cariboo Friendship Society  
Castlegar & District Community Services Society – Safe Homes Program  
Central Okanagan Emergency Shelter  
Chimo Community Services  
CMHA BC Division (Victoria)  
Comox Valley Transition Society  
Cowichan Women Against Violence Society  
Cythera Transition House Society  
Desert Sun Counselling & Resource Centre Society  
Dixon Transition Society



Elizabeth Fry Society of Greater Vancouver – Elizabeth Gurney House  
Fort St. John's Women's Resource Society  
Grace House  
Haven Society  
Howe Sound Women's Centre Society  
Ishtar Women's Resource Society  
Kootenai Community Centre Society  
Ksan Society  
Margaret Laurence House  
Nisa Foundation  
North Coast Transition Society  
North Shore Crisis Services Society  
Northern Society for Domestic Peace  
Phoenix Transition Society  
Princeton Family Services Society  
Sage Haven Society  
Salvation Army Gateway of Hope  
Sara For Women  
Shuswap Area Family Emergency Society

## WHO WE HELP

### British Columbia continued

Sooke Transition House Society  
Sources Community Resource Centre  
South Okanagan Women In Need Society  
South Peace Community Resource Society (Mizpah House)  
Sunshine Coast Community Services  
Surrey Women's Centre  
Tamtik Status of Women  
THS Society of Transition Houses  
Trail FAIR Society  
Tri-City Transitions Society  
United Way BC  
Vancouver Women's Health Collective Society  
Victoria Women's Transition House  
YMCA BC (Y Women's Emergency Shelter)  
YWCA Metro Vancouver – Arbour House

### Manitoba

Alpha House Project  
Aurora House  
Bravestone Centre  
CMHA Manitoba & Winnipeg  
Eastman Crisis Centre  
Health Sciences Centre Foundation – Sexual Assault Nurse Examiner Program  
Ikwe Widdjiitiwin Inc.  
Interlake Women's Resource Centre  
Mood Disorders Association of Manitoba  
Nova House  
Parkland Crisis Centre & Women's Shelter

Prairie Harbour Inc.  
South Central Committee on Family Violence  
The Winnipeg Foundation  
Thompson Crisis Centre  
Willow Place Shelter  
Women's Health Clinic  
YWCA Brandon Women's Shelter

### New Brunswick

Beausejour Family Crisis Resource Centre  
Escale MadaVic Inc.  
First Steps Housing Project Inc.  
Fredericton Homeless Shelters  
Hestia House  
Maison de Passage House Inc.  
Maison Notre-Dame House Inc.  
Miramichi Emergency Centre for Women  
Sussex Vale Transition House  
Woodstock Sanctuary House

### Newfoundland & Labrador

Cara Transition House Inc.  
Committee on Family Violence  
Grace Sparkes House Inc.  
Iris Kirby House  
O'Shaughnessy House Carbonear  
St. John's Women's Centre Inc.  
Stella's Circle

### Nova Scotia

Adsum for Women & Children

Alice House  
Antigonish Women's Resource Centre  
Cape Breton Regional Hospital Foundation  
Chrysalis House Association  
East Hants Family Resource Centre  
Halifax Transition House Association  
Juniper House  
Leeside Transition House  
South Shore Transition House Association/Harbour House  
Strongest Families Institute/L'institut des Familles Solides  
Tearmann Society for Abused Women  
Third Place Transition House  
Transition House Foundation

### Northwest Territories

YWCA NWT – Alison McAteer House

### Ontario

After Breast Cancer  
Anduhyaun Inc.  
Ashley's Place  
Beendigen Inc.  
Bernadette McCann House for Women  
Bethesda House  
Birchway Niagara  
Bowmanville Hospital Foundation  
Canadian Mental Health Association  
Canadian Red Cross  
Chantel's Place



## WHO WE HELP

### Ontario continued

Chatham Kent Women's Centre  
Christie Refugee Welcome Centre Inc.  
CMHA Waterloo Wellington  
Cornerstone Family Violence Prevention Centre  
Cornerstone Housing for Women  
David McAntony Gibson Foundation  
Elliot Lake Women's Group - Maplegate  
Embrace: Agency to End Violence  
Emily Murphy Second Stage Residences  
Ernestine's Women's Shelter  
Esprit Place  
Family Transition Place  
Faye Peterson House  
Gillian's Place  
Good Shepherd - Martha House  
Green Haven Shelter for Women  
Guelph - Wellington Women in Crisis  
Habitat Interlude  
Haldimand & Norfolk Women's Services  
Halton Women's Place  
Herizon House  
Hiatus House  
Homeward Family Shelter  
Hoshizaki House Dryden District Crisis Shelter  
Huron Women's Shelter Second Stage Housing & Counselling Services  
Huron Transition Homes  
Interval House of Hamilton  
Interval House of Ottawa  
Kingston Interval House

Lanark County Interval House  
Leeds & Grenville Interval House  
Lennox Addington Interval House  
London Abused Women's Centre  
London Health Sciences Foundation  
Look Good Feel Better  
Maggie's Resource Centre  
Maison Baldwin House  
Maison Interlude House  
Malvern Family Resource Centre  
Markham Stouffville Hospital Foundation  
Minwaashin Lodge Indigenous Women's Support Centre  
Mission Services of Hamilton-Inasmuch House/Willow's House  
Muskoka Women's Advocacy Group  
My Friend's House  
My Sister's Place  
Nellie's Shelter  
Nelson House of Ottawa-Carleton  
Nipissing Transition House  
North York Women's Shelter  
Northwestern Ontario Women's Center  
Nova Vita Women's Shelter Inc.  
Oakville Hospital Foundation  
Ontario Shores Centre for Mental Health Sciences  
Optimism Place Women's Shelter & Support Services  
Ovarian Cancer Canada  
Parkdale Food Centre  
Pavillion Women's Centre  
Rainy River District Women's Shelter of Hope



Royal Ottawa Foundation for Mental Health  
Sandgate Women's Shelter  
Sedna Women's Shelter & Support Services Inc.  
Shelter Movers  
Shifra Homes Inc.  
Sistering - A Woman's Place  
Society of Saint Vincent de Paul-St. Clare's Residence  
St. Joseph's Healthcare Foundation  
St. Matthews Harmony House  
Street Health Community Nursing Foundation  
Sudbury Women's Centre  
Sudbury YWCA Genevra House  
The Black Women's Institute for Health  
The Redwood  
The Salvation Army Family Life Resource Centre  
The Salvation Army Toronto Evangeline Residence  
The Walrus  
The Women's Centre Grey Bruce  
Three Oaks Foundation

## WHO WE HELP

### Ontario continued

Thunder Bay Christmas Cheer  
Thunder Bay Indigenous Friendship Centre  
Timmins and Area Women in Crisis  
True North Aid  
United Way Oxford  
University Hospitals Kingston Foundation  
University of Ottawa  
Violence Against Women Services Elgin County  
Welcome Centre Shelter for Women and Families  
Western Ottawa Community Resource Centre –  
Chrysalis House  
William Osler Health System  
Women & Children's Shelter Barrie  
Women In Crisis (Algoma) Inc.  
Women's College Hospital Foundation  
Women's Shelter Saakaate House  
Women's Crisis Services of Waterloo Region  
Women's Habitat of Etobicoke  
Women's Health Collective Canada  
Women's House Serving Bruce & Grey  
Women's Interval Home of Sarnia-Lambton Inc.  
Women's Resources of Kawartha Lakes  
Women's Rural Resource Centre of Strathroy & Area  
Women's Shelters Canada  
Yellow Brick House  
Yorktown Family Services  
YWCA Muskoka  
YWCA Niagara Region  
YWCA Peterborough Haliburton  
YWCA Toronto

### Prince Edward Island

Blooming House  
PEI Family Violence Prevention Services Inc.

### Quebec

Accueil-Sérénité  
Alternative pour Elles  
Anne's House  
Auberge Transition  
CALACS La Passerelle  
Centre Amal pour femmes  
Centre d'hébergement Tipinuaikan  
Centre de femmes La Moisson  
Centre de femmes L'Éclaircie  
Centre des femmes de Rivière-des-Prairies  
Centre des femmes de Montréal  
Centre féminin du Saguenay  
Centre le Bouscueil de Roberval inc.  
Chez Doris  
Espace M  
Etape emploi  
Femmes Averties/Women Aware  
Fondation Carrefour pour Elle  
Fondation CERVO  
Fondation CHU de Québec  
Fondation Jonction pour elle  
Fondation Y des femmes de Montréal  
Fondation YWCA Québec  
Hébergement La Passerelle  
Hébergement L'Entre-Deux  
Inter-Val 1175

L'Escale de l'Estrie Inc.  
La Chambrée  
La Clé sur la Porte  
La Dauphinelle  
La Débrouille  
La Gigogne  
La Hutte  
La Maison Bleue  
La Maison Dalauze  
La Maison d'Athéna  
La Maison de Connivence  
La Maison des femmes de Baie-Comeau  
La Maison du Réconfort  
La Maison grise de Montréal  
La Maison Le Prélude  
La Maison L'Esther  
La Maison Victor-Gadbois  
La Marie Debout  
La Passerelle d'Alma  
La Re-Source de Châteauguay  
La Rose des Vents de Drummondville  
La rue des Femmes  
La Sejournelle  
L'Accueil Pour Elle  
L'Arrêt-Source  
L'Auberge Madeleine  
L'Autre Chez Soi  
L'Autre-Toit du KRTB  
Le Centre des femmes de Verdun  
Le Chaînon  
Le Parados



## WHO WE HELP

### Quebec continued

Le Reflet (Vide ta sacoche)  
Les Maisons de l'Ancre  
L'institut de l'innovation/Innovation Institute  
Listuguj Haven House  
Maison Alice Desmarais  
Maison d'accueil La Traverse  
Maison d'accueil le Mitan  
Maison d'Ariane  
Maison de Lina  
Maison des femmes de Québec  
Maison d'hébergement d'Anjou  
Maison d'hébergement La Volte-Face  
Maison d'hébergement l'Égide 2<sup>e</sup> étape  
Maison du Cœur pour Femmes  
Maison Hina  
Maison Le FAR  
Maison Passages  
Maison pour femmes immigrantes  
Maison Unies-Vers-Femmes  
Montreal General Hospital Foundation  
Partage-Action (Calacs)  
Partageons l'espoir (Québec)  
PasserElle  
Pavillon Marguerite de Champlain  
Projets autochtones du Québec  
Regard en Elle  
Regroup'elles  
Résidence Le Portail  
S.O.S. Grossesse  
Séjour La Bonne Œuvre

Sidalys

Viol-Secours CALACS de Québec  
West Island Women's Shelter  
Women on the Rise

### Saskatchewan

Battlefords Interval House  
CMHA Saskatoon  
Envision Counselling and Support Centre Inc.  
Moose Jaw Transition House  
North East Outreach and Support Services  
Partners Family Services Inc.  
Prince Albert Safe Shelter for Women  
Regina Transition House  
Saskatoon Interval House, Inc.  
Shelwin House - Yorkton Women In Need Inc.  
Southwest Crisis Services  
Spark Foundation of Lloydminster  
YWCA Prince Albert

### Yukon

Yukon Women's Transition Home Society  
(Kaushee's Place)



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